

GPA Train to Compete

SUPPORT SYSTEM FOR A

DIVISION I COLLEGE GOLF FUTURE

Aspiring to play Division I college golf is a big dream that requires top-notch preparation, dedication, and the right support team. In today's competitive landscape, achieving a coveted spot on a Division I college roster demands more than just talent—it requires a focused and strategic approach. A junior golfer's success hinges on having a dedicated golf coach, a putting coach, a fitness coach, and college recruiting guidance. Here's why these four pillars of support can make all the difference:

1. GOLF COACH: BUILDING A SOLID FOUNDATION

A great swing and a strategic mindset don't happen by accident. A golf coach is critical in shaping the technical skills, mental approach, and course management a junior golfer needs to stand out in the recruiting process. Here's how a dedicated coach makes an impact:

- **Individualized Training:** Golf coaches tailor lessons to each player's unique strengths and improvement areas, ensuring steady progress and consistency.
- **Advanced Strategy Development:** From understanding shot selection to playing the conditions, a coach helps golfers make smarter decisions that translate to lower scores.
- **Mental Resilience:** With a coach's guidance, junior golfers learn to handle pressure, build confidence, and overcome challenges—key traits in high-level competition.



2. Putting Coach: Mastering the Game's Most Critical Skill

The difference between good and great often comes down to the short game, especially putting. A putting coach focuses on this specialized skill, ensuring that each stroke counts:

- **Refined Technique:** Putting is a unique skill that demands precision. A coach helps juniors fine-tune alignment, stroke mechanics, and green reading.
- **Consistent Results Under Pressure:** Putting is where tournaments are often won or lost. A putting coach teaches techniques that hold up under pressure, crucial for tournament play and college showcases.
- **Personalized Drills:** With targeted drills, golfers build confidence in their putting game, reducing the number of strokes and lowering scores.

3. Fitness Coach: Building Strength and Preventing Injury

Fitness is a game-changer for a junior golfer. A fitness coach trained in golf-specific exercises will build the strength, flexibility, and balance needed for powerful and consistent swings:

- **Core Strength and Stability:** Strong core muscles are essential for swing power, balance, and endurance, especially over long tournaments.
- **Injury Prevention:** A fitness coach helps athletes avoid injury through tailored programs that address areas like flexibility, mobility, and conditioning.
- **Long-Term Athleticism:** A well-rounded fitness routine creates resilience, allowing junior golfers to perform at their best throughout high school, college, and beyond.



4. College Recruiting Guidance: Navigating the Path to Success

The college recruiting process is complex and competitive. Navigating it alone can mean missed opportunities. With professional recruiting guidance, junior golfers and their families get the inside track to Division I:

- **Exposure to College Coaches:** Recruiting specialists have the knowledge and connections to showcase junior golfers in the right tournaments and platforms, catching the attention of college scouts.
- **Personal Branding:** Recruiters help junior golfers create a golf resume, develop their personal brand, and communicate effectively with college coaches.
- **Guidance Through the Process:** From knowing the best tournaments to attending college showcases, recruiting guidance makes sure athletes meet deadlines, know eligibility requirements, and find the right college fit.

Take the First Step Toward a Division I Future

For junior golfers with Division I dreams, the path to college golf is best traveled with a team that provides personalized coaching, specialized skill-building, and a structured approach. With the right support system, your young golfer will have the tools, confidence, and visibility to stand out in this competitive field. Let us help guide your athlete to success and set them on a clear course to achieving their college golf goals.

Unlock your junior golfer's potential—contact us today to learn how to get started!



Program Overview

September 1, 2024 through September 30, 2025

\$8000 per student

Maximum 4 students per year

Golf Coach

- 12 private lessons
- 30-min checking lesson weekly
- 10 hours advanced clinics
- 2 x 18-hole group playing lessons

College Recruiting Coach

- 12 small group interactive zoom seminars to keep all athletes on track and on schedule with the college recruiting process. Depending on the year you are in Athlos can be structured to whatever amount of help you need (additional fees may apply).

Fitness Coach

- Weekly 50 min team workout with industry leading TPI fitness leader and LPGA legend Lydia Ko's fitness coach, Bryant Sharifi.

Putting Coach

- Quarterly 2-hour private putting lesson with whom we believe and we think you will to is the best putting coach in California.

THE GOLF PATH ACADEMY

2025 Train to Compete

Golf Coach

The Golf Path Academy - Jon Guntrum

A PGA Member since 2011, Jon has spent his career working with students of all ages and skill levels. With over 15 years of teaching experience he has also held positions as Lead Assistant at Burlingame Country Club in Hillsborough, CA. and Head Golf Professional at Berkeley Country Club, CA. In April of 2019 he was afforded the opportunity to open his own Golf Academy at Richmond Country Club, CA. and in May of 2019, The Golf Path Academy (GPA) opened its lesson book.

Focusing on teaching students the most efficient golf swing attainable. The GPA utilizes the latest in Flightscope X3 technology a plethora of training aids, practice stations and V1 Pro video software to teach how and why the suggested changes will make you better. You will learn what to practice, how to practice and why to practice specific movements in multiple ways to speed up and ensure long term improvements.

- Participant will receive 12 x 1 hour golf lessons with Jon Guntrum.
- Entry into 10 advanced group clinics to be held for Train to compete athletes only.
- 2 x 18 hole group playing lessons to be held at Richmond Country Club or away as prep for important tournaments.
- 30-min weekly check ins with Jon Guntrum to look at swing, discuss recruiting and anything else needed.



2025 Train to Compete

College Recruiting Coach

Athlos College Coaching - Joe Accordino & Brad Marek

Joe spent 10 years at ESPN working on the biggest events in sports, including Monday Night Football, the World Cup, and the PGA Championship. He has interviewed and produced shoots with dozens of current and former athletes, and has been profiled in The Ringer and USA Today. He received his first EMMY Award in 2020, and specializes in written and visual presentation.

Brad Marek has excelled as a professional golfer, most recently making the cut at the 2021 PGA Championship. A 3-Time NCAA Academic All-American at Indiana University, he has enjoyed teaching junior golfers since 2017, with a focus on technology and innovation. For more, visit bradmarekgolf.com.

Athlos College Coaching has quickly become an industry leader in college recruitment guidance. Students will take part in their Seminar Series.

-Small-group Zooms, occurring monthly & covering a different topic in the college golf recruiting process.

-The aim is to give every student all the info they need to be strong college golf recruits.

-Previous seminar topics included Assembling A List of Colleges and Writing Intro Emails. Future Zooms will cover Follow-Up Emails, Replying To Coaches, and Tournament Scheduling.

-During the Zooms, you can ask questions about anything we're covering during the session. All the Zoom recordings are on a password-protected page on our site accessible only to Seminar Series members.

-Each Zoom is presented as a PDF, so each student will have a visual recap after every Zoom.

- Athlos Semjnar Series runs from September to the end of August.
- Seminars are held live on zoom monthly

2025 Train to Compete

TPI Certified Fitness Coaching

Perform for Golf - Bryant Sharifi

In 2010, Bryant Sharifi started working with golfers, driven by a passion for golf and a desire to help others. Becoming TPI certified in 2016 provided him with expertise in training golfers effectively. However, life presented challenges, and he developed anxiety which only amplified during the pandemic. Golf became his outlet for personal growth, leading him to pursue graduate studies in sport psychology. In 2021, armed with knowledge and personal experiences, he established Perform for Golf LLC, blending golf mechanics with psychological principles. As a mentor, Bryant inspired golfers to overcome obstacles and achieve their goals. Today, he remains committed to guiding golfers towards enhanced performance and mental resilience, leaving a lasting legacy in the world of golf.

Once per quarter you will meet up with our performance coaches and go through a comprehensive golf assessment at our P4G Marina location. The assessment will consist of a TPI physical screen, a performance test on our Proteus system, and a look at how your individual swing characteristics connect with your physical capabilities. Next, based on assessment results and your goals, we will take you through an individualized workout consisting of strength, power, and mobility movements. You'll leave with a 3 month program tailored to your goals that can be completed on your own until the next reassessment. Additional 1:1 training sessions with us are available for an added fee.



2025 Train to Compete

Putting Coach

Scott Curry Putting - Scott Curry

Putting coach and green reading specialist, Scott Curry, has been working in the golf industry for over 20 years. He has created a process to help golfers of all levels improve instantly.

Originally from San Diego, Scott moved to Bandon, Oregon to work at Bandon Dunes Golf Resort for the last 18 years. It was during this time that he found his passion in putting and green reading.

Working with Tim Tucker, former caddy to Bryson Dechambeau, and current caddy to Kurt Kitayama, Scott traveled the country teaching putting, green reading, and custom fitting putters for Edel Golf. This allowed him to perfect various green reading and putting techniques to develop a proven process to make his students better putters from the first lesson and/or putter fitting.

His experience working with beginners all the way to professional golfers has given him the unique skill to instantly and expertly tailor each lesson towards what is best for his student.

Above all, Scott pays attention to your specific needs and goals, making your lessons more than a basic program. Knowing you, means knowing what will make you a better putter and, ultimately, improve your entire game.

Students will receive a private 2 hour putting lesson from Scott Curry each quarter. In total each student will spend 8 hours with whom we believe is the best putting coach in California. Making his home in Southern California we are proud to have Scott visit us as a special trip for our NEXT golfers.